

### Police and council issue joint statement following tragic murder

See page 2



## Waltham Forest

Your Council keeping residents informed

www.walthamforest.gov.uk

**y** @wfcouncil

15 May 2017

**NEWS** 

# Don't miss your chance to vote in the general election

Issue 183

The general election 2017 will take place on Thursday 8 June. You have until Monday 22 May to make sure you're registered to vote

With the general election fast approaching, time is running out if you want to make sure you are eligible to vote.

The deadline to join the electoral register is midnight on Monday 22 May. But the good news is that it's quick and easy to register before the deadline. All you need to do is visit www.gov.uk/register-to-vote and fill in the simple online form.

The process is quick and easy, and takes around five minutes. All you'll need is your National Insurance number. You can also use the website to update your name, address or other details held on the electoral register.

If you are already registered to vote, there's still time to apply for a postal vote instead of going to the polling station to vote.

The deadline to apply for a postal vote is 5pm on Wednesday 23

May. Simply download the postal voting form from the Electoral Commission's website **www.** 

yourvotematters.co.uk. Once you've filled it in, simply return it to the Council's electoral services team before the deadline.

There's also still time to apply for a proxy vote if your name already appears on the electoral register. Proxy voting means that if you aren't able to cast your vote in person, you can have someone you trust cast your vote for you. To apply for a proxy vote, download and complete the form from the Electoral Commission website and return it to the Council before 5pm on Wednesday 31 May. There are different forms depending on the reason that you need a proxy vote.

If you are registered as an EU Citizen on the electoral register, you are not eligible to vote in the



general election 2017 as it is only open to people from the UK, Republic of Ireland and qualifying Commonwealth citizens.

### More info

For further information on elections and voting, turn to p4 of this edition of Waltham Forest News or visit www.walthamforest.gov.uk/elections or www.yourvotematters.co.uk.



### Keeping our streets safe



Following recent incidents in Walthamstow the following statement has been jointly issued by Waltham Forest Council and the Waltham Forest

Last Sunday Elijah Dornelly,

old, was sadly murdered in

Walthamstow. The following

night in the Hoe Street area a

firearm was fired into a slot

machine venue. Fortunately

on that occasion no one was

circumstances is always a tragedy

and in my experience this feeling

is only amplified when the victim

borough, serious incidents such

have done any more to prevent

Firstly, I want to reassure

people getting hurt.

as these make me reflect if I could

The loss of life in violent

is so young. As the person

responsible for policing in the

injured.

who was only 17 years

#### Metropolitan Police Service (Waltham Forest borough).

Below, you can also read Detective Chief Superintendent Richard Tucker's personal views of the impact of violent crime.

"Elijah Dornelly a young man, 17 years old, was tragically killed on Sunday night. On Hoe Street, in the early hours of Tuesday morning, a

group of young men were involved in a shooting in a shop.

We reaffirm our commitment to the communities of Waltham Forest to do all we can, together, to divert our young people from serious violence, and to protect the public.

Keeping our residents safe remains our top priority. We are working closely with our local communities to ensure that we deliver the right response, quickly especially to those most harmful issues. We urae residents to continue to report crime and antisocial behaviour to us so we can

This week, residents will have seen more police officers on our streets, to keep us safe and reassure communities.

But the problems we face here. as in other boroughs, around youth violence, knife crime, drugs and anti-

social behaviour cannot be solved by one organisation alone, nor are there quick fixes. We are working together, as partners: police, local authority, probation services, health, education, our communities themselves, to help our young people live safe and productive lives.

Together we are making a difference.

We protect young people each day, getting them off the streets and into work, education or training The events of this week remind us that our fight against youth violence continues, and we are fully committed to keeping all of our residents safe, across Waltham

### More info

To contact the Waltham Forest Metropolitan Police Service, visit www.met.police.uk.

### In my opinion



incidents very seriously. In relation

Specialist Crime Commands, who

are investigating. I am confident we

will bring the people responsible to

justice. Locally, I have a dedicated

very closely with the local authority,

schools and colleges to disrupt and

divert young people from a lifestyle

Since Larrived in the borough.

I have concentrated all my officers'

I have focused on vulnerable people

of all ages, in an attempt to mitigate

efforts on making the area safer.

the risk against them.

unit that concentrates on gang

and knife crime, and they work

that can bring them to harm.

to these two incidents I have the

support of colleagues from our

### **DCS Richard** Tucker

I have been a police officer for more than 30 years and this has taught me that in order to achieve long term solutions, the problem first has to be fully understood.

Any deep-rooted problem. whether it be gang violence, drug causes, understanding them and other agencies such as charities and faith groups to solve them. These initiatives take time, but are complemented by our day to day

where this type of collaborative

### Borough Commander, Waltham Forest Police

dealing or anti-social behaviour, can only be dealt with by delving into its then working with our partners and police activities.

There are excellent examples in London and elsewhere in the UK working has had massive positive

effects. The downside to working like this is that it takes time.

Incidents such as last weekend demonstrate things are not perfect, but working together has seen considerable successes in reducing crime in the borough. But I am a pragmatist. There is still much to do. I have never been complacent, policing in London is a complex business and I have always reviewed what I do and how I do it to meet the challenges we collectively face.

I am determined and committed to listen to community concerns, and to re-double my efforts to reduce crime and violence further. The police cannot do this in isolation and to succeed need the support

Any information can be passed by contacting 101, our website www.met.police.uk/ or anonymously through Crimestoppers - 0800 555 111, https://crimestoppers-uk.org/

### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 350 words; Waltham Forest News wants to hear from you. Email walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

### **Contact Waltham Forest Council**







www.walthamforest.gov.uk





### **Waltham Forest News**

Editor: Jenny Singh

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk

Advertising and promotional enquiries:

Margie Agudelo 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

Waltham Forest Council does not accept responsibility for the content of any non-council advertisements in Waltham Forest News

Their inclusion does not mean that the council endorses the company or product being advertised.

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Waltham Forest News is published fortnightly by London Borough of Waltham Forest with a print run of 110,000 copies delivered to homes, organisations, businesses and bulk drops in the borough

The official independently audited free letterbox delivery of Waltham Forest News is 97,161 ABC Regional 4 January 2016 to

### Get behind the O's

The Council is continuing to support the efforts of Leyton Orient Fans' Trust (LOFT) to help safeguard the long term future of Leyton Orient Football Club.

The club's future still remains uncertain, and its fate will be decided at a High Court hearing due to take place on Monday 12 June.

Since the club's financial troubles began, the Council has written to the Football Association and the Football League, stressing the club's historical importance to the local community and economy, and explaining how its closure would negatively affect local retailers and employment in the area.

The Council continues to assist LOFT with its campaigning, giving them free use of Waltham Forest Assembly Hall (Town Hall Complex, Forest Road, E17 4JF) for public meetings, and Leyton Coronation Gardens for a rally of public support ahead of the final home game of the season against Colchester United FC on Saturday 29 April.

LOFT members have also set up a fundraising campaign, which could be used to help regenerate Leyton Orient. Alternatively, the fund would be used to establish a successor 'phoenix club' – a new club founded by supporters – in the event of a negotiated sale of the club involving LOFT or Leyton Orient FC going in administration or liquidation.

A spokesperson for Waltham Forest Council told Waltham Forest News: "We will continue to provide practical support to Leyton Orient Fans Trust in their brave efforts to save their club from closure. We remain in close touch with all concerned parties."

### More info

If you would like to show your support for the O's, you can donate to the Leyton Orient Fans Trust by visiting www. leytonorientfanstrust.com.

# Walthamstow Wetlands set to make a splash



Walthamstow Wetlands took a step closer to its autumn launch with a topping out ceremony held last month for the completion of a newly built 'Swift Tower'.

The tower will provide a habitat for swifts that migrate to our corner of east London from Africa each year. Its completion marked a significant milestone in the development of the Walthamstow Wetlands. The project will open Thames Water's Walthamstow reservoirs to the public, providing including dragonflies, nocturnal bats and peregrine falcons – the fastest bird on earth, capable of

"It's exciting that we're going to be able to share such a wonderful space with the public. The transformation is really taking shape."

free access to the 211 hectare wetlands. The nature reserve is home to a variety of wildlife reaching speeds of 200mph.

The Council is leading the project in partnership with Thames

Water, who own and manage the site, and London Wildlife Trust. who will deliver the operational phase through an extensive programme of learning and community engagement, including conservation and volunteering. Richard Avlard, Director of External Affairs and Sustainability at Thames Water, said: "It's exciting that we're going to be able to share such a wonderful space with the public. while still using it to supply water to so many people across north London. With the developments to the engine house and the tower, the transformation is really taking shape and it's great to see the project progressing so well."

Gordon Scorer, Chief Executive of London Wildlife Trust, said: "It's fantastic to see the new swift tower rising some 24m into the sky, providing multi-storey accommodation for the swifts that migrate here every year from Africa."

The Walthamstow Wetlands are due to open in autumn 2017. This has been possible thanks to a £4.47million grant from the Heritage Lottery Fund, and £3.7million contributed by partners.

### More info

For more information visit www. walthamstow-wetlands.org.uk

### In brief

### Time to saddle up!

Local cyclists are gearing up to take part in Le Tour de Waltham Forest on Saturday 24 June. Riders can choose one of four routes, which all start and end at Summer Fest in Leyton Jubilee Park. There is a course suitable for all abilities, from the family friendly bronze route to the challenging 27 mile platinum route. Last year almost 500 cyclists signed up and this time even more are expected. Organisers are encouraging participants to come in fancy dress and raise funds for charity.

 To find out more and sign up to the race visit: www.enjoywalthamforest. co.uk/tdwf/

### Dementia Awareness Week

Events and activities will take place across Waltham Forest this week as part of 2017 Dementia Awareness Week The Council's Dementia Support Team will host an advice and information stall at Whipps Cross Hospital outpatients department (Whipps Cross Road, E11 1NR) on Wednesday 17 May. They will also visit OrganicLea's Hawkwood Nursery (115 Hawkwood Crescent, E4 7UH) on Friday 19 May as part of an initiative to encourage those suffering from dementia to enjoy outdoor activities. At present. there are 850,000 people in the UK who have a form of dementia. National charity Alzheimer's Society warns these figures are set to increase significantly as the population ages.

 Visit www.alzheimers.org.uk or phone the National Dementia Helpline on 0845 300 0336.

### **E17 Art Trail**

The much-anticipated 2017 E17 Art Trail returns to Walthamstow from Saturday 3 to Sunday 18 June. This year more than 7,000 artists, residents and workplaces are inviting you to enjoy the action-packed festival. Painters, sculptors, poets, choirs, photographers, designers, ceramicists and dancers will all be taking part, and welcome you to enjoy a veritable feast of exhibitions, performances and workshops. You can download a free comprehensive guide, which lists every exhibition and includes a handy map to help you navigate around E17, from the E17 Art Trail website now. You can also pick up a paper copy from Waltham Forest Libraries and other participating venues.

• For more information, visit www.e17arttrail.co.uk.

### Get ready to cast your vote

Here is all the information you need to be able to cast your vote in the general election, and how to keep up to date with the latest news on the night



### By now, you can't have failed to notice that the general election is fast approaching, with Britain preparing to go to the polls on Thursday 8 June.

Since the snap (unexpected) election was announced, the Council's electoral services team has been working flat out to make preparations and get Waltham Forest ready for polling day.

The general election gives residents the opportunity to decide who they want to elect to represent them as their Member of Parliament (MP). Waltham Forest is covered by three parliamentary constituencies; Chingford and Woodford Green, Leyton and Wanstead and Walthamstow.

### Candidates standing for election

There are four candidates standing for election in each of Waltham Forest's three constituencies.

### Chingford and Woodford Green constituency

lain Duncan Smith (The Conservative Party Candidate) Sinead Aoife King (Green Party) Bilal Mahmood (The Labour Party Candidate) Deborah Clare Unger (Liberal Democrats)

### Leyton and Wanstead

Laura Rose Farris (The Conservative Party Candidate) Ashley Gunstock (Green Party) Ben Sims (Liberal Democrats) Walthamstow constituency Stella Judith Creasy (Labour and Co-operative Party) Andrew David Johns (Green Party) Ukonu Obasi (Liberal Democrat) Molly Irene Samuel (Conservative

John Robert Cryer (Labour Party)

### Register to vote

Party Candidate)

As you'll have read on the cover of this edition of Waltham Forest News, there is still time to register to vote via the government website.

It's easy to sign up using the online form. You will need to provide your National Insurance number and date of birth to register.

If you're on the Electoral Register and want to apply for a postal vote, the deadline is 5pm on Tuesday 23 May. The proxy vote application deadline is Wednesday 31 May at 5pm.

Residents who don't have internet access at home can make use of

free internet access in the borough's libraries. Library staff will be happy to help you get online if you're unsure of what to do.

If you're not sure whether you're registered, please get in touch before you attempt to reregister. You can email election. recruitment@walthamforest.gov. uk or phone Waltham Forest Direct on 020 8496 3000.

To register, visit www.gov. uk/register-to-vote or www. walthamforest.gov.uk/elections

### **Polling stations**

Seventy of the borough's polling stations will be open from 7am until 10pm on Thursday 8 June for electors to cast their votes. Poll cards are being hand delivered to registered voters from Friday 12 May onwards.

You do not need to take your poll card to be able to vote, but you will need to confirm your full name and address when asked by polling station staff

You can only vote at the polling station listed on your polling card. If you go to a different station, you will not be able to vote there.

And remember, you must be inside the polling station – or in the

### Fact file

- The general election takes place on Thursday 8 June.
- Seventy polling stations will be open between 7am and 10pm for electors to cast their vote.
- You can only vote at the polling station listed on your polling card.
- You don't need to take your poll card to be able to vote, you just need to confirm your full name and address to staff at your polling station.
- The deadline to register to vote in the General Election is midnight on Monday 22 May.
- If you want to apply for a postal vote, the deadline is 5pm on Tuesday 23 May. The proxy vote application deadline is Wednesday 31 May at 5pm.
- If you are registered as an EU Citizen on the Electoral Register you are not eligible to vote in the General Election 2017. Only UK, Republic of Ireland and qualifying Commonwealth citizens can vote.

queue for the polling station – by 10pm in order to obtain a ballot paper and vote. If there is a queue you will still be able to vote – providing you joined it by 10pm. So make sure you allow plenty of time.

### Using your postal vote

If you have chosen to vote by post, make sure that you complete your vote on your own and in private – just as you would in a polling station. You should fill out the ballot paper, place it in the envelope provided and post it yourself.

If you elected to vote by post, you cannot vote in a polling station. In an emergency situation, you can hand in your sealed postal vote into any polling station in your constituency before 10pm on polling day. You can also take it to Waltham Forest Town Hall (Forest Road, E17 4JF). Under no circumstances should you give your postal vote to anyone else. Doing so is a criminal offence.

It is common practice for political parties and candidates to go door-knocking in the run up to polling day. This is perfectly legal, but you should not feel pressurised to vote in a certain way. And you should never hand over your postal vote, even if asked.

Postal votes will be sent out on 19, 20 and 26 May. If you have not received your postal vote by Friday 2 June, please contact the electoral services team.

### **Twitter updates**

You can keep up to date with the latest news on Election Day by following the Council's Twitter account **@wfcouncil**.

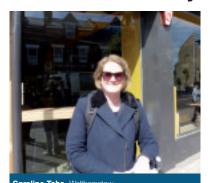
The account will provide updates throughout the day, as well as tweeting reminders for you to cast your vote in good time. Once the polls close at 10pm there will also be updates from the election count, as we await the results. The winners of Waltham Forest's three parliamentary constituencies will be announced during the early hours of Friday 9 June.

### More info

For further information on elections and voting, visit www. walthamforest.gov.uk/elections, email electoral.services@ walthamforest.gov.uk or phone 020 8496 3000. Follow the Council on Twitter @wfcouncil.

## What you say

### Residents tell Waltham Forest News their views on voting in the forthcoming general election on Thursday 8 June



"I think it's really important to use your vote, however I am from Norway so I won't be able to vote in this election! I think it's really important for young people to get out and vote, and make sure they

have a voice to try and make things

better."



"It's fundamental that you have a vote, so it's important that you use it. I think it's important that people get more informed so they know how important it is to use their vote, and there should be more information available to them so they know what to do."



"I definitely think it's important to use your vote. I think quite a lot has already been done to raise awareness about the importance of voting for young people, which has been targeted towards the issues concerning them. There should be more to encourage people of all ages to use their vote.'



"I will definitely be voting and it's important to do so - you can't really complain about things if you don't use your vote when you have the opportunity! I think there should be education in schools about elections and the importance of using your vote. I don't remember having anything like this when I was at school, so unless you studied politics you wouldn't necessarily know why voting is so important."

### **DON'T FORGET...**

You need to be registered to vote by 22 May 2017 if you want to have your say in the General Election 2017 on Thursday 8 June 2017. You can do this online in five minutes by visiting www.gov.uk/register-to-vote.

If you want to vote by post, you need to have applied for this by the 23 May 2017 by 5pm. You can get an application form by e-mailing electoral.services@walthamforest.gov.uk or by visiting www.aboutmyvote.co.uk. Everyone registered to vote at The General Election will receive a Poll Card through their door. If you haven't received a Poll Card by the 19 May 2017 please contact us.

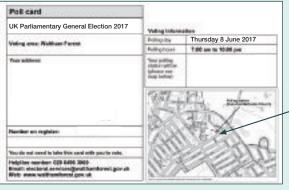
If you have any questions about registering to vote, or have not received a Poll Card but think you should have, please phone our contact centre on 020 8496 3000, or email electoral.services@ walthamforest.gov.uk. You can also find more information on our website at www.walthamforest.gov.uk/elections

### **YOUR VOTE MATTERS DON'T LOSE IT**



Your polling

station



On your Poll Card you will find details of where

your polling station is, so you can place your vote. Please check the location of your polling station, as it may have changed from previous elections.



### MY STREET

### In brief

### **Leyton Cycle Hub opens**

A new Cycle Hub has opened at Leyton station, which provides safe and secure parking for 156 bikes and is accessible on two levels. The Hub is the sixth and largest in the borough, and has CCTV and key fob entry to provide extra security for users. It is also equipped with enhanced lighting, help points and cycle pumps inside. The Council has already introduced five other Cycle Hubs outside stations across the borough, with two outside Walthamstow Central and others at Leytonstone, Wood Street and Lea Bridge. Access to the Hub costs just £25 per year.

 For more information on Cycle Hubs visit www.enjoywalthamforest.co.uk/ cycle-sheds.

### Fly-posters arrested

Two people were arrested and given formal cautions last month as part of a Council crackdown on stickers offering 'massage' services in the borough. The arrests were made on Thursday 27 April during a Council-led enforcement day. Police and Council officers were alerted to a male and female seen attaching stickers on items of street furniture along Hoe Street in Walthamstow. Police stopped and searched the suspects and found them both in possession of a significant quantity of advertisements displaying the word 'massage' with a telephone number to call. The cautions will stay on their criminal records for the next four years.

• To report fly-posting email neighbourhoods@walthamforest.gov.uk.

### 'Twas Ever Stow

A Walthamstow student recently curated an exhibition which celebrated and brought to life the history of Walthamstow and looked at how the area has changed in recent years. The exhibition, 'Twas Ever Stow', was created by Central St Martins University student Tilda Belvoir-Stephens, and ran for a week in the pop-up space on Hoe Street. It featured a number of interviews with local people, historic images provided by Vestry House Museum and recordings from the Waltham Forest Oral History Workshop. The pop-up space, which is operated by the Council, will be open for a variety of uses during the spring.

 For more information about the Council's regeneration projects visit www.walthamforest.gov.uk/ regeneration.



### Servicestore gets to work

- Walthamstow resident impressed with new garden clearance service
- Servicestore offers pest control, grime busting, white goods collections and more

If you're looking for reliable local tradesmen, you'll be pleased to hear that the Council has launched a new website that lets you book a range of services from white goods collections and garden clearance to grime busting and pest control.

And 82-year-old Walthamstow resident, Doreen Colyer, is looking forward to getting in her beloved garden this summer after she used Servicestore to give it a muchneeded overhaul.

Doreen has lived in her home for more than 53 years, and has always been a keen gardener.
Unfortunately some recent ill health meant it had become a struggle for her to maintain the garden, with bushes becoming overgrown, plants dying and furniture becoming weather beaten.

Doreen's daughter Julie discovered the new Servicestore and comprehensive garden clearance service available to Waltham Forest residents. Deciding that this would be an ideal way to get all the work required done in one visit, they contacted the Servicestore for a quote.

A team of five operatives from the Council attended the property to carry out the full-day job.

Tasks carried out by the team on the day included clearing garden debris, cutting down rose bushes, trees and evergreens, trimming pathways, cleaning moss from the patio, and removing old wood and a large three seater bench. The team put down dust sheets to make sure they didn't create any mess inside Doreen's home.

Doreen said she was very pleased with the service she received, particularly as the garden now provides a safe and welcoming environment for her five grandchildren to play in.

She is also able to sit and relax on the patio, and has put up birdfeeders as she is keen to get wildlife to start visiting her garden again.

"It's nice to find a service via word of mouth, which means you don't have to worry about being let down or ripped off", Doreen told Waltham Forest News. "The service was absolutely great, they didn't stand around and just got on with the job – they even asked me what else I wanted doing. I would definitely use them again and have already recommended them to two of my neighbours."

Doreen was so impressed with the work carried out on her garden that she also booked the Servicestore for another job, and has asked them to quote for further work

The new Servicestore website lets you book a range of services from garden clearance and white goods collections to grime busting and pest control.

All of the services are priced individually or by the hour and

include pest proofing, moving furniture, TV mounting, painting and fitting shelves, blinds and curtain rails.

servicestore

Your Council delivering for you

The website has been designed to be as user-friendly as possible, so you can browse the full range of services available and make a booking online for a time and date that suits you.

In total 12 new services are available to residents and businesses, including bin washing, white goods collections and the handyman service. The business service is ideal for landlords who own more than one property or require a more regular service like CCTV monitoring, caretaking and grounds maintenance.

### More info

To browse the range of services on offer visit www. walthamforestservicestore.co.uk.

### If it's broken...fix it!

- Over 200 people attended the first Repair Café event
- You can have items fixed for free and learn valuable new skills



A new Repair Café taking place at St John the Baptist Church in Levtonstone had a successful launch event last month. Over 200 people attended to get their electrical items, clothes and bikes fixed, and to learn some valuable repair skills for themselves.

Residents came armed with

items including smartphones, baby monitors and microwaves, and were able to enjoy tea and cake from the Church's more conventional café while they were fixed. Over 80 items were repaired on the day, and the event proved particularly popular with cyclists with over 40 bikes being repaired.

Residents were also able to take

part in a workshop organised by textiles recycling charity TRAID. During the workshop residents learned basic textile and sewing repairs. Sarah Klymkiw, Head of Education at Traid, said: "Leytonstone's Repair Café launched with a hugely successful event to empower local people to extend the life of their clothes and other goods.

"We're excited to offer Waltham Forest's residents a regular antidote to our throwaway culture which creates huge volumes of waste and uses up our precious natural resources. Simply bring along a garment you would like to fix, and the TRAID team will guide your repair while indulging you in good cake and conversation."

Reverend David Britton, Vicar at St Johns the Baptist Church, added "The first Repair Cafe at St Johns was a fantastic event and a great success. We had a large number of people bringing a whole range of items needing fixing that previously might have been thrown out. This

is a great initiative to help tackle the growing problem of waste and our 'throw away' culture. We look forward to hosting many more."

The Repair Café takes place on the third Saturday of every month, from 11am to 2pm. Residents are asked to bring down any electrical item they would like to have repaired by 1pm at the latest.

The next event takes place on 20 May, where there will be an interactive 'decoupage' activity for upcyclers to take part in, run by Shed Homewares. If you can't make this date then there will also be Repair Cafes on 17 June and 15 July.

The events are organised by the Council alongside The Restart Project, Traid, Shed Homewares and Dr Bike

### More info

For more information on the Repair Café visit www.walthamforest. gov.uk/content/repair-cafeleytonstone.



### Fly-tip checks

Early morning checks are being carried out by the Council's Neighbourhoods team to prevent commercial waste from being dumped unlawfully. Leaving bags of commercial waste out on the street is an offence which can lead to those responsible being issued with a fixed penalty notice. Neighbourhoods officers have been checking bags of illegally dumped waste to track down and punish the culprits. During two early morning operations at the end of last month 33 fixed penalty notices were issued for flytipping or unlawful deposits made on the public highway.

• You can report fly-tipping by emailing neighbourhoods@ walthamforest.gov.uk.

# Choose



Courses for 16 - 30 year olds looking for work. Your next FREE course:



Prince's Trust

Inspiring young lives

Course: Get into Digital Media Free Taster Day: Thursday 15th June

Main programme: Monday 19th June 2017 - Friday 30th June 2017

Location: Waltham Forest

To join the course or explore others:

Search 'Prince's Trust'. Text 'Call me' to 07983 385 418. Call for free on 0800 842 842

In partnership with:





### **Sports and fitness**

#### **Sazzercise**

#### Every Tuesday, 7-8pm

Leyton Youth Centre, Crawley Road, E10 6PY An energizing exercise class in Leyton featuring dance aerobics. Sazzercise is suitable for anyone looking to improve their fitness whilst having a good time. All you need is enthusiasm! The class will improve your cardiovascular health, burn fat, as well as develop overall muscle strength, endurance, core stability and flexibility. Email me at sazzercize@hotmail.com or

simply turn up!

Drop in Donation Yoga

#### Wednesdays, 11am–12.15pm; Fridays, 7–8.15pm and Saturdays, 10.30–11.45am

United Reformed Church, 58 Orford Road, F17 90I

Increase your flexibility, build strength and stamina and learn how to release patterns of tension which we hold in the body. A friendly mixed-level class with an experienced teacher where you pay what you can afford. For more information phone Sarah on 07815 120 792 or visit www.yoyoga.co.uk.

### Free Karate for Adult Beginners

**Saturdays, 11.30am to 12.30pm** Peterhouse Centre, 122 Forest Rise, E17 3PW

First lesson free! Also suitable for young people aged 13 years and over.

For more information, phone/text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk.

### **Indoor Short Mat Bowls**

Wednesdays and Fridays, 10.30am–1pm
Waltham Forest Feel Good Centre,
170 Chingford Road, E17 5AA
£2 per session, no booking required.
Beginners welcome. Bowls supplied.
For more information, phone Ann on
020 8529 6304.

### **Free Bowls Coaching**

**Wednesday afternoons during May** Aveling Park Bowls Club, Lloyd Park, E17 5EH

We are situated in the middle of Walthamstow's Lloyd Park, opposite the café. Bowls and tuition supplied. Please bring flat shoes or trainers. We are a friendly club, so come and have a go. Email tessafeaster@hotmail.com for more information.

### **Box and Core**

### Tuesdays, 8.15pm

Walthamstow School for Girls, Church Hill,

A total body workout that targets more than just your arms. Combining technique drills and core strengthening exercises to appeal to both the novice looking for fun and a release of tension; as well as the amateur boxer wanting to improve their skills and

stamina. Gloves provided, but you're welcome to bring your own. £6 drop in; discounts available for advance payment. For more info, phone 07903 629 636, email chloe@dancechloe.com or visit www.DanceChloe.com.

### **Legs, Bums and Tums**

### Saturdays, 11.15am

YMCA East London, 642 Forest Road, E17 3EF

A fantastic way to tone your entire body with special attention focused on your legs, glutes and abdominal muscles. Combining conditioning and aerobic exercises to reduce fat whilst shaping and lifting your legs, bum and tums! Bring a bottle of water and wear clothes you're comfortable to move in. £6 drop in; discounts available for advance payment. For more info, phone Chloe 07903 629 636, email chloe@dancechloe.com or visit www.DanceChloe.com.

#### **Roller Soccer**

### Saturdays, 2pm

Leyton Youth Centre, Sports Hall, Crawley Road, F10 5PY

Get your skates on and join us! Five-a-side football on skates, it's a great work out. First 90 minute session is free! Thereafter, it's £6 per session, or concessions available for under 18s and families. Helmets mandatory, bring your own skates. You need to be able to stop and turn with confidence. The rest we will teach you! Email David at popeg@aol.com or visit www.rollersoccer.co.uk.

### Connaught Community Sports Club

#### Days and times vary

The Connaught Club, Rangers Road, E4 7QH We are a friendly members club where you can play tennis, squash or bowls. Come along and visit at your leisure to try out our facilities. We also have a full bar and patio area where you can sit and relax. The Club is offering a special Bowls Membership of only £50 and no joining fees on the other sections. Please phone Nicola 020 8529 2341 for more information, or email enquiries@connaughtclub.co.uk.

### **General Level Pilates**

#### Thursdays, 7-8pm

Leyton Parish Church Hall, Lindley Road E10 5PY

Drop-in Pilates classes for all. £10 per session or buy 10 classes in advance and get one free. Mats and small equipment provided. Pilates can improve your strength, flexibility, balance, coordination, bone density, reduce pain and encourage relaxation. Pilates Foundation member teacher with 15 years' experience of studio and mat work. Absolute beginners and newcomers contact me first, please.

Email alison.bray@gmail.com or visit www.abpilates.co.uk for more info.

### Karate Classes

Mondays and Wednesdays, 7.30–9pm
Walthamstow Academy, Billet Road, E17 5DP
We are a family-friendly karate club
catering for all ages and abilities,
established in 2004. Karate is a great
activity for parents and children to enjoy.

It builds strength, flexibility, fitness, confidence and discipline. Our style is traditional Shotokan Karate and we are members of the prestigious Karate Union of Great Britain (KUGB). £5 per session for adults and £4.50 for under 16s – first lesson is free. For more information, visit www.chingfordtora.co.uk.

### **Zumba Fitness Class**

### Every Monday, 7-8pm

Leyton Sports Ground, Crawley Road, E10 6PY

A fun and addictive Zumba Fitness class that will give you a fabulous workout while having fun at the same time. Bring water and wear trainers. Join us for the best Zumba class in town! Closed bank holidays. Phone Eugénie Burton on 07944 504 244, email Funkyzumba@gmail.com or visit www.funkyzumba.co.uk.

### **Chingford Folk Dance Club**

#### Tuesdays, 8-10pm

Mornington Hall, off The Green Walk, E4 7EN Dance styles include Playford, Country, Contra and American. Beginners are welcome. There is no need for a partner. £2 per session, refreshments included. For more information, phone 020 8508 4770 or 020 8529 0229.

#### **Zumba Fitness**

#### Saturdays, 12pm

All Saints Church, 47 Melbourne Road, E10 7HF

Start your weekend off right with a fun, energetic workout. No need to book, just turn up with a bottle of water ready to dance and sweat. Only £3.50. For more information, phone 07939 873 518 or email afranklin\_zumbafitness@yahoo.

### Afrobeat Dance Aerobics – women only

#### Thursdays, 6.30-7.30pm

Gnome House, 7 Blackhorse Lane, E17 6DS Come and listen to upbeat Afrobeat music, learn some traditional and contemporary African dance moves and have fun with friends as part of a fun, energetic cardio workout. Bring a bottle of water, a towel and an exercise mat. £5, drop-in. Childcare is provided at £2 per child. For more information, email ada.abolou@yahoo.com.

### Walthamstow Wind Down

### Thursdays, 7-8.15pm

Quaker Meeting House, 1a Jewel Road, E17 4QU

Hatha yoga for all abilities. This post-work wind down will stretch and tone the muscles, working through the joints, so you'll feel flexible and fantastic, before a deep relaxation to re-energise you for the weekend. £9 pre-book or £10 drop-in.

Email eliza@yogamehappy.co.uk or visit www.yogamehappy.co.uk.

### Wake up and Stretch

**Sundays, 9.30am and 11am** Aveling Park Bowls Club, Lloyd Park,

Hatha yoga for all abilities. Wake up and stretch Hatha-style, with a morning yoga

session to re-energise your body and mind ready for the week ahead. £9 pre-book or £10 drop-in. Email eliza@yogamehappy. co.uk or visit www.yogamehappy.co.uk.

### **KAPAP Self Defence**

#### Tuesday, 6.15-7.15pm

Leyton Sixth Form College, Community Sports Centre, Essex Road, E10 6EQ KAPAP is a cutting edge self defence system. KAPAP gives you the opportunity to get fit, become stronger and confident, whilst learning a practical and effective self defence system. Come and try. Only £5 per class, concessions for students and first lesson free. For more information, email bruntonji@yahoo.co.uk or phone Jason on 07905 132 595.

### 50+ Yoga

#### Tuesdays, 6-7pm

Waltham Forest Resource Hub (North), 58 Hall Lane, E4 8EU A relaxed class aimed at the over 50s. Beginners welcome. £5 per person, per week. **You can just turn up, there's no** 

### **New Beginners Pilates Class**

#### Fridays, 1-2pm

need to book.

St Gabriel's Family Centre, Havant Road,

Want to get into exercise but don't know where to start? Want to increase your strength and help your body to work at its best? Then come and try Pilates. Strengthen your body and increase your flexibility in a friendly, relaxed environment. This new beginner class will cover the basics and you will always be encouraged to work at your own level. To book, email info@truebalance.co.uk. For info, visit

#### **Latin Dance Fitness**

#### Thursdays, 7-8pm

William Morris Community Centre, 8 Greenleaf Road, E17 6QQ A fun-packed fitness workout combining basic steps and movement of numerous international dance styles to shape and tone your body. All welcome – suitable for all shapes and sizes, ages and abilities. No need to book in advance. £5 per class. For more information, phone Tess on 07950 208 431.

### Mindfulness Meditation Weekly Class

### Wednesdays, 7–8pm

Quaker Meeting House, Bush Road, E11 3AU Life can be busy and stressful, so making time for ourselves can be an investment in our physical, mental and emotional well-being. There will be a different theme each week. The majority of the time will be dedicated to guided meditation practice. Proven benefits of regular Mindfulness Meditation include stress and anxiety reduction, improved concentration and memory and pain reduction. As well as improved attention span, working memory and creativity. To book your space, email elizabethkeates111@gmail.com.

### Zumba with Zoe

#### Wednesdays, 7.30pm

The Cornerstone Centre, 149 Canterbury
Road, F10 6FH

Classes are great fun, an excellent way to keep fit, lose weight and every class feel like a party. Zumba is your opportunity to express yourself and unleash your 'Latin within'! £5 per class. For information, email info@zumbazoe.co.uk or visit www.zumbazoe.co.uk.

### Silverthorn Bowling Club

### Mondays from 5 June, 5.30pm

Silverthorn Lawn Green Bowling Club, Ropers Avenue Ground, E4 8EH
This popular local Bowling Club is offering free coaching on Monday evenings from 5
June, right through to August 2017. Bowls will be provided, please wear flat shoes only. Qualified coaches will be encouraging and patient. We have a friendly Club House with activities within. Don't be afraid to come alone. All ages from teens to 90s can enjoy the game, and a warm welcome is assured. For further information, phone 020 8531 6619.

### Clubs and community

### Waltham Forest Race Equality Council Cultural Evening

#### Saturday 13 May, 5-8pm

Harmony Hall, 10 Truro Road, E17 7BY Waltham Forest Race Equality Council will hold a cultural evening. Join us for music, a buffet meal and speakers on asylum seeker and refugees. If you want to meet and share interest, please come along. To book a place, email wfrec806@gmail.com or phone 020 8279 2425.

### Affordable Psychotherapy in English and Spanish

### Monday to Friday, 9am-8pm

Close to St James Street Station
Short and long term psychotherapy for
individuals and couples. Sliding scale of
fees, meaning that everyone can access
psychotherapy. Concessions for students,
unwaged and retired people. For more
information phone Valeria on 07912 887
588, email info@valeriabonfiglio.co.uk
or visit www.valeriabonfiglio.co.uk.

### Waltham Forest Twinning Association AGM

Thursday 1 June, time TBC

Waltham Forest Town Hall, Forest Road, E17 4JF

Join the Waltham Forest, Antigua & Barbuda and Dominica Twinning Association for their Annual General Meeting. There will be talks, refreshments and more. For more information, visit www.facebook.com/wftwinningassociation phone Merv Caesar-John on 07732 332 814 or email wftwinningassociation@gmail.com.

### Managing Digital Photos

**Thursday 25 May, 10.30am–12.30pm** Waltham Forest Resource Hub (North), 58 Hall Lane, E4 8EU

Computer workshop for people aged 50+. This session looks at how digital photos are stored on cameras, computers and tablets and how you can move the photos from place to place. It suggests ways to organise your photos and how to make sure they won't all be lost due to a technical problem. The techniques demonstrated will also be useful for managing music, documents, and videos. Cost is £5. Phone Age UK on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk for more information.

### **Basic Photo Editing for Windows PCs**

Thursday 1 June, 10.30am–12.30pm Waltham Forest Resource Hub (North), 58 Hall Lane, E4 8FU

Computer Workshop for people aged 50+. Show and tell session about the free photo editing software package, Picasa. Learn the basic editing functions including how to improve the appearance of your photos and how to crop, rotate and remove red eye. Please note that this session is NOT suitable for Tablet users. Cost is £5.

For more info Age UK Waltham Forest on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.

### **Eyes Down Bingo Night**

Saturday 20 May, 7.30 pm

Vestry Road Spiritualist Church, Vestry Road, E17 9NH

Join members of the College Amateur Operatic Society (CAOS) for a fun bingo night. Entry is £5 per person, which includes sandwiches and snacks. Please bring your own drinks and glasses. First ticket is free, then 50p each thereafter. A fun night with prizes for the winners. For more info, phone Penny Staines on 07821 941 647.

### **Culture** and crafts

### **Banjo Classes for Adults**

Wednesdays, 6.30pm

The Quaker Meeting House,1a Jewel Road, E17 4QU

Dick Smith teaches five-string Banjo classes in three finger bluegrass style picking. Start from scratch or develop your banjo skills in a relaxed and fun environment. £15 per class, when paid in advance for the whole term. Email dickbanjosmith@gmail.com or visit www.banjosmith.co.uk or phone 07903 419 691 for more information.

### **Ukulele Class**

Wednesdays, 7.30pm

Studio Office, Quaker Meeting House,1a Jewel Road, E17 4QU This is a mixed level class, working on playing parts of varying difficulty to form an ensemble. Learn with an experienced, professional musician in a fun and relaxed environment. Instruments not provided. £12.50 per class, when paid in advance for the whole term. Phone 07903 419 691, email dickbanjosmith@gmail.com or visit www.banjosmith.co.uk.

### **Waltham Forest Community Choir**

Mondays, 7.30-9.30pm (term time only) St Mary's Church, Church End, E17 9RJ We are a self-funded group open to anyone living or working in the borough. Previous singing or musical experience is not required. We believe that singing should be accessible to anyone and do not audition prospective members. Our musical repertoire is diverse, and includes classical. traditional, folk and popular styles. All are welcome. Currently seeking to recruit Tenors and Basses. £50 per term. Visit www.singwithus.net, email members@ singwithus.net, visit www.facebook. com/walthamforestcommunitychoir or phone 07954 740 745.

### Breathe Saxophone Group Concert Friday 19 May, 8pm

All Saints Church, Church Avenue, Highams Park, E4 9QD

This newly-formed sextet will be debuting original arrangements from an eclectic mix of musical styles and genres, from baroque and classical, to film music, gospel and M-BASE inspired contemporary jazz. Included, will be pieces by Vivaldi, Bach, Bill Evans and Billy Strayhorn. Tickets £6.50, under 10s free. For more information, visit www.eventbrite.co.uk/o/breathesaxophone-group-13425910074.

### **Crochet Lessons**

Mondays or Thursdays, 7.30–9.30pm
Ropers Avenue, Highams Park, E4 9EG
This three-week course is aimed at the crochet beginner. In a group of no more than four, I will teach you all of the skills you need to feel confident at crocheting. Including chain stitch, double crochet, treble crochet, half double crochet, hold a hook and yarn, tension, change colour and follow a pattern. Hooks and yarn provided for you to keep and access to video tutorials. To book, visit www.eventbrite. co.uk/o/martha-kilner-12742219508.
For info, visit www.craftykilner.co.uk.

### Counterpoint by Ivy Panesar and Philipa Day

Thursdays and Fridays, 2–6pm: Saturdays, 10am–5pm and Sundays, 12–4pm

The Stone Space, 6 Church Lane, E11 1HQ Counterpoint – The collaboration between Ivy Panesar and Philipa Day, two local artists previously unknown to each other, utilises contrast of colour to create contradictory and varied emotional reactions. Both artists favour abstracts and rely heavily on colour and movement, but there are notable discrepancies in their work and method which create a magical disharmony. For more info, visit

https://thestonespace.wordpress.com for information.

### **E17 Swedish language** course

Wednesdays, 7pm and 8.10pm Hornbeam Café, 458 Hoe Street, E17 9AH

Learn Swedish in these beginners/
intermediate & conversation courses
classes. Relaxed, fun and productive for
adults. Pay £195 for a term of thirteen
90 minute lessons or £130 for thirteen
60 minute lessons in a small group
(beginners). Individual lessons also
available. For more info phone 07958
471 083, email chris@e17swedish.com
or visit www.e17swedish.com.

### Music lessons/ recording studio

Times vary

East London Mini Music Studio, near Queen's Road, E11 1BB Budget recording/practice/teaching space run by composer, recording artist and session player, Sam Thomas. Sam offers guitar and drum lessons for all ages as well as renting out his well-equipped garden studio for recording/production purposes. Lessons are £15 for 30 minutes or £25p/h. Recording sessions are just £15p/h. Sam can be as involved in the recording process as desired, anything from simply operating the equipment to full production. Phone Sam on 07972 543 748 or email

### **Writers' Group**

sam@samthomasmusic.com.

First Saturday of each month, 11am-1pm

Hale End Library, Castle Avenue, Highams Park, E4 9QD

An informal group for people interested in all genres to develop their writing through exercises and constructive feedback on each other's' work. No publication experience necessary! A small charge to cover room hire may be required as the group becomes established. For more information, email Mike at underneathearches@yahoo.com or just turn up.

### **Chingford Life Drawing**

Every Thursday, 7.30-9.30pm

Mornington Hall, The Green Walk, E4 7EN We are a local life drawing group in Chingford. We meet up for untutored drawing with professional models from all backgrounds. Basic art materials will be provided free such as A2 newsprint papers, charcoal, pencils, rubbers and putty. Sketching papers will be available for purchase at small cost. You are always welcome to bring your own art materials. £8.50 drop-in. For more information, visit www.facebook.com/groups/ chingford.drawing.

### **Children and young people**

### Free Karate for Children

Saturdays, 10.30-11.30am

Peterhouse Centre, 122 Forest Rise, E17 3PW First lesson free! Come to our family-friendly classes for children aged 6 years and over. For more information, phone/text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk.

### **E17 Junior Guitar Club**

Saturdays, different levels and times Hornbeam Café, 458 Hoe Street, E17 9AH Guitar playing fun and performing for children of all abilities, age eight and over. Pay £62 for a half term of seven 30 minute lessons. Also weekday one-to-one lessons after school near Wood Street. For more information phone 07958 471 083, email chris@e17guitar.com or visit www.e17quitar.com.

### **Waltham Forest Youth Theatre**

Saturday, 10.30am–12noon Forest Community Centre, Guildford Road, F17 4FA

We work towards group and individual Trinity College exams and towards performing on a stage and to build confidence. Our classes are managed and taught by qualified, experienced and professional teachers, and are suitable for children aged five to 10 years. Phone Michael Michael on 07860 716 295, email mep@btclick.com or visit www.walthamforestyouththeatre.co.uk.

### Children's Yoga in Lloyds Park

Fridays during term time, 3.40–4.10 and 4.10–4.40pm

Le Délice in the Park, Winns Terrace, E17 5SQ

Educational themed based yoga, incorporating the Montessori method and other learning methods. Suitable for children aged two to seven. Yoga games, postures, dynamic flow and much, much

more all in one session. Aiming to improve balance, strength, and coordination. First session £3. To book a place, phone Michelle on 07505 778 409, email blisscubs@hotmail.com or visit http://blisscubs.wixsite.com/yoga.

### Community Ward Forums

### No meetings currently scheduled

For further information on Community Ward Forums, visit www.walthamforest. gov.uk/content/community-wardforums

### Council Meetings

### Tuesday 16 May

Cabinet, 2pm Shareholder Committee, 4pm

### Thursday 18 May

Licensing Act 2003 Sub Committee, 6pm

### Friday 19 May

Licensing Act 2003 Sub Committee, 10.30am

### Thursday 25 May

Annual Council Meeting

All meetings are held at Waltham Forest Town Hall and start at 7.30pm, unless stated otherwise. Dates and times are subject to change.

For more information, visit www. walthamforest.gov.uk/content/councilmeetings-minutes-and-agendas

### **Tell us what's on**

**Email your event details to:** 

walthamforestnews@walthamforest.gov.uk

The deadline for 12 June edition is **Friday 26 May** 

Inclusion cannot be guaranteed, due to the high volume of requests received.

Please send your listing in the body of an email, formatted as shown on these pages. Events received in other formats will not be used.

Please keep to a maximum of 90 words and a maximum of two listings per person/group.



### Foster Care Fortnight

### AN OPEN LETTER TO MY FOSTER MUM

From Sam aged 15, name changed to protect child's identity. Sam lost her birth mother last year.

Dear Frances,

Although you are not my birth mum I have gained so much respect for you in these past months. I can openly say that you have saved my life! You mean so much to me. I look up to you and I love you so much. Thank you for allowing me to enter your life. I will never know how to make it up to you.

This time last year I was lost and was basically living alone. Knowing my mum was not there made me really depressed and alone. I didn't think anybody could help me. My life was completely different and very unhealthy. When I met you for the first time I felt an inner peace and comfort as if my mum was telling me, 'this is the right place, take this opportunity,' so I did.

My life has changed so much since I became your foster child.

You have made me open my eyes to life again and even though I miss my mum, I now have you.

I love you millions.

SAM



### **EVENTS**

Waltham Forest Fostering Recruitment stand

Tuesday 16 May 2017, 10am to 4pm

Whipps Cross Hospital, restaurant entrance, Whipps Cross Road, Leytonstone, E11 1NR

Prospective Foster Carer's lunch Saturday 20 May 2017, 12 noon to 2pm

Waltham Forest Town Hall, Forest Road, Walthamstow, E17 4DF

Fostering Information Evening

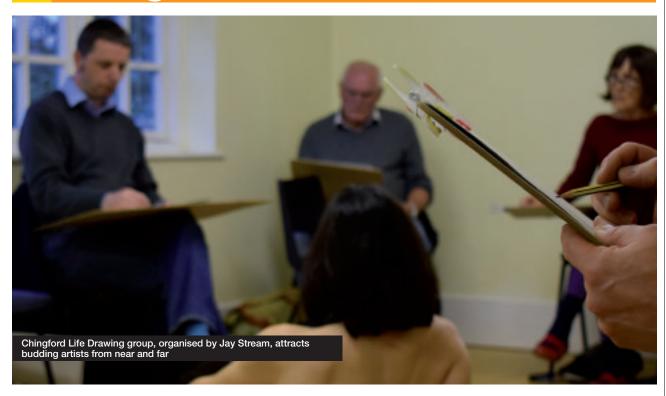
Thursday 29 June 2017, 6.30pm to 8.30pm

Waltham Forest Town Hall, Forest Road, Walthamstow, E17 4DF

www.fosteringwalthamforest.co.uk

### Community

### **Chingford**



### Chingford's naked ambition

### Life drawing group meets every Thursday at Mornington Hall

### Sessions operate on a drop-in basis, with no membership fee to pay

A new life drawing group based in Chingford has flourished since it began this January, building up a loyal following among local people and attracting keen artists from as far afield as Romford, Lewisham and Dartford, Kent.

Chingford Life Drawing meets every Thursday, between 7.30 and 9.30pm at the Huntingdon Studio at Mornington Hall (The Green Walk, E4 7EN). Waltham Forest News went along for the evening to catch up with organiser, Jay Seram, and speak to local artists.

Jay told Waltham Forest News: "When I was in my early twenties, I used to draw a lot. However, work and family commitments meant that I just got too busy, and art seemed to fall by the wayside.

"A couple of years ago, I started to attend some classes and rediscovered my love of art and drawing. I thought that it would be wonderful if I could set something up close to my home, and wanted to find like-minded people in my neighbourhood.

"We began in late January, and I'm pleased to say that it has been really well-received. We've had around 40 different artists come along so far, and there are always at least eight people at every session."

The group operates on a drop-in basis, with no other fees to pay. Each session costs £8.50, which includes basic art materials such as A2 newsprint papers, charcoal, pencils, rubbers and putty. Sketching papers are available to buy, but artists are also welcome to bring their own materials. The sessions are untutored and suitable for anyone aged 18 and over.

The group uses professional models, sourced through professional model networks. The model will start with two 10 minute poses, two 20 minute poses and then a longer, 30 minute pose.

Jay added: "We start with the shorter poses, so that those who are running late or can only make part of the session can still take part and create art. Obviously, we don't want people running in and

out of the session, but we want people to come along and enjoy taking the time to create art as and when they can."

You don't have to make any commitment to join the group, as the sessions always operate on a drop-in basis. The entrance fee covers the cost of hiring the venue and paying the model, and towards basic art supplies. Any profits made are spent on art supplies or future models' fees.

Chingford resident, Janice George, added: "I've been to most of the sessions so far, apart from the first two. I found out about the group through my friend Ken Lea, who helps Jay run the sessions when he's busy.

"I like that the venue is nice and small, and that it's so close to my home! I went to art school, I love drawing and I love the human form. With art, you learn all the time. No one is ever satisfied with what they produce; we always want to get better!

"At the end of the session, we put all the drawings together on the

floor and look at what everyone has drawn, which gives the opportunity to improve your skills.

"When you're drawing, because you are so involved in the process, you can't always see if you are going wrong. But everyone else can look at your work objectively, and offer suggestions for improvements. It might be something as simple as having drawn the legs slightly too long! It's very relaxed, and everyone is very supportive and friendly. You don't have to worry about someone critiquing your work in a unpleasant way!"

Jay added: "Some people say they're no good at art or drawing, but if anyone is interested in picking up art again or trying life drawing for the first time, they would be very welcome. There are no expectations, we just want people to get satisfaction that they have created art."

### More info

For more information, visit www.facebook.com/groups/chingford.drawing/

### In brief

### Photographic workshop

If you're a keen photographer and want to take better pictures, why not get in touch with the Chingford Photographic Society to find out more about their forthcoming summer workshop. The six-week workshop costs £50 and includes six months' membership of the society. The workshops will take place at Chingford Horticultural Hall (Larkshall Road, E4 6PE) every Monday evening between 17 July and 21 August. Beginners can get to grips with the basics of their camera: while more experienced photographers can learn about composition, lens choices and developing creativity.

• For more information, phone Chris Lafbury on 020 8524 2359 (evenings), email barob007@yahoo.co.uk, or visit www.chingfordphotographic.com.

### **Chingford Village Festival**

It's just a few weeks until the ever-popular Chingford Village Festival returns for its 23rd consecutive year on Saturday 10 June. The community-led festival will take place on and around The Green, at Mornington Hall, and at venues in Station Road between 12noon and 6pm. The fun-packed day will feature a host of live music, children's entertainment, arts and crafts, performances by community groups, funfair rides and more.

 For more information, phone Irene Bull on 020 8559 4500, email irenebull@hotmail.co.uk or visit www.chingfordvillagefestival.info.

### Turkish Cypriot festival

If you're looking for fun, family-friendly activities to enjoy this summer, there's an exciting cultural event to note in your diary. The Council of Turkish Cypriot Associations UK is hosting its Turkish Cypriot Cultural Festival at Chingford Rugby Club (Lea Valley Playing Fields, Waltham Way, E4 8AQ) on Sunday 25 June, 11am to 8pm. There will be fun activities for children, arts and craft displays, folk dancing and delicious food and drink for sale. There will also be a raffle and performances from singers Bora Serbulent and Arif Edizer and rock band, SOS. The event will celebrate 100 years since the arrival of the first Turkish Cypriot migrants in the UK. Entry is free.

• For further information, visit www.ctcauk.com or phone 07496 267 033.

# In brief Families had fun sowing

### **Suntrap sow** wildflowers

wildflower seeds and making

Local families enjoyed a fun day out in Epping Forest last month, as they helped sow a new wildflower meadow at the Suntrap Forest Education Centre (Church Road, High Beach, IG10 4AJ). It's a landmark birthday year for Suntrap, as it celebrates half a century of teaching children, young people and families about Epping Forest, and providing outdoor environmental activities for schools and other groups. Children and parents also had fun making scarecrows and decorating plant pots, and many took the opportunity to enjoy a picnic lunch. Suntrap will host a family pond dipping session on Friday 2 June from 10am to 1pm.

• For more information about Suntrap, and what's going on, visit www.suntrapcentre.weebly.com.

### Winning designs

The best local architecture and urban design was celebrated at the Waltham Forest Design Awards on 25 April. Award nominations included new builds, conversions restorations and residential extensions completed in the borough since 2014. Prizes were awarded for best public realm project, best civic project, most creative building re-use and best residential scheme. Winners included The Scene on Hoe Street, which received the Outstanding Contribution to the Regeneration of Walthamstow Town Centre award and Central Parade for the Most Creative Reuse. Golden Parade took home the award for Best Public Realm Project for its extensive improvements to the shopfronts and building frontages on Wood Street.

 For more information on regeneration projects in Waltham Forest see www.walthamforest.gov. uk/regeneration.

### Model students

- Pupils create exhibition about Walthamstow's historic St James Street
- Educational activities are part of major project to protect and enhance the St James Street conservation area



Students at Mission Grove Primary School (Buxton Road, E17 7EJ) have been taking part in a project which explores the heritage of Walthamstow's historic St James Street area, and held an exhibition last month to showcase what they have learnt.

Around 90 year 5 pupils took part in the exhibition, which featured small scale models of buildings in Walthamstow including The Mall, EMD Cinema, Waltham Forest Town Hall and Walthamstow Central station. The children also created board games based on key landmarks in the area, and displayed their ideas for what they would like to see in the area for leisure, education and play.

As part of the exhibition the pupils also screened a short video that they produced during their visit to the St James Conservation Area last December, and created a

welcome leaflet for those attending. The exhibition was attended by parents, teachers, school governors and year 4 pupils who will be doing similar project work next year.

Jack Fan Wu, a year 5 pupil, told Waltham Forest News: "I was really excited because the Council visitors had a chance to see the work we had done on our 'Awesomestow' topic. I enjoyed explaining what we did to our visitors; it was a great experience."

Naaila Ahmed, a year 5 teacher at Mission Grove, added: "The exhibition was a great way for us and the children to show parents and local project leaders everything we learnt about Walthamstow. It was fantastic seeing such a huge turnout and even better seeing the children take charge and explain their work to the visitors! This boosted the morale in the year group and definitely built confidence in many children. It was a very

successful event, and we are looking forward to holding more events like this in the future."

The educational activities are being organised by the Council as part of the Walthamstow St James Townscape Heritage Project. Nearly £3million is being invested to preserve and enhance the historic character of the St James Conservation Area, which is located at the western end of Walthamstow High Street. As part of the project the Council has put together a community programme, which includes heritage education for schools, colleges and local residents, and a series of activities including oral history workshops.

Last December the pupils from Mission Grove visited St James Street and took part in a number of educational activities including a special outdoor treasure hunt where they had to track down a number of points of interest around the conservation area, including the historic 'griffin' statues that are being restored in their original locations

The Waltham Forest Oral History Workshop was commissioned to interview local people about the history of the St James Street area, and how it has changed over time. The interviews were completed earlier this year and were featured in an exhibition at The Mill (Coppermill Lane, E17 7HA) in March and April 2017. The recorded interviews and accompanying photographs are now archived at Vestry House Museum, and they are available to anyone who would like to listen to them.

The St James Conservation Area is a historically important commercial area containing various examples of nineteenth and early twentieth-century architecture developed by the local Victorian property owner, TC Warner. The £2.9million restoration scheme received a grant of £1.46million from the Heritage Lottery Fund (HLF), with the Council investing £1.34million and other contributions coming from local businesses and volunteers such as the St James Big Local group.

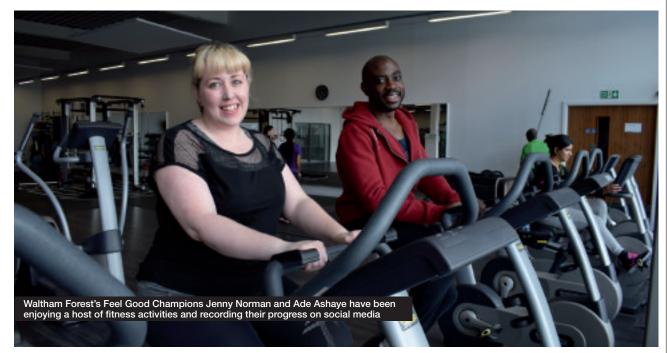
The Conservation Area will benefit from vital building conservation and repair work on up to 60 properties, including the restoration of historic features. Construction is due for completion by summer 2017. Work is also underway on a number of public realm improvements, which will transform the junction of St James Street and the High Street into a visually appealing 'gateway' to the area. Other work will include improvements to pavements and lighting, and the removal of unnecessary signage and clutter. Work on the public realm improvements will be completed by summer 2017

### More info

For more information on the St James Street project visit **www.stjamesstreet.london**.

# Encouraging others to get active

- Waltham Forest's Feel Good Champions, Jenny and Ade, have been inspiring other residents to get fit and healthy
- Follow their journeys on social media using #FeelGoodKickStart



After three months in the role, Waltham Forest's Feel Good Champions Ade Ashaye, 35, and Jenny Newman, 34 have come a long way.

Jenny, who works for University of the Arts London, is proud that since becoming a Champion she has learned to swim. She said: "When I found out that swimming lessons were available for adults, I was terrified and nervous, but I went ahead anyway. In my first lesson I spent nearly 15 minutes just sitting on the side of the pool before I could gather the courage to get in.

"Now, after a patient couple of weeks I'm happily getting from one side to the other without any assistance. I'm so happy to have got this far, and while there's a long way to go, I am adamant that if I can get to this point, anybody can. My main goal is to feel comfortable and confident in my body, and swimming is definitely helping with that"

Junior Doctor, Ade Ashaye, says he feels like a new person since becoming a Champion. He says that he has a more positive outlook, a better work and life balance, and has lost two inches from his waistline.

Making sure to keep his workouts

due to his fitness level, he said:
"One of the things I have learnt over
the past few months is that it truly is
the taking part that counts."

Both Champions agree that making positive changes isn't always easy, but it is worth it.

Ade has found making healthy

### "One of the things I have learnt over the past few months is that it truly is the taking part that counts."

varied and fun, Ade said: "The trampoline classes brought me back to my childhood days, and playing racket sports most weekends gives me the opportunity to catch up with friends while doing a fun activity."

Fresh from completing Tough Mudder, a 12 mile muddy obstacle course, Ade is excited to take on even more challenges like a triathlon and cycling in June's Le Tour de Waltham Forest.

After missing last year's bike race

food choices challenging, and Jenny said: "The irony is that finding the time for yourself to be active actually makes you feel less tired. But it can be hard to remember that after a long day when the call of the couch is strong.

"I'm very grateful to be a Feel Good Champion, and I tell everyone I meet about what I'm doing. I'd like to have a little badge or a t-shirt to let people know who I am all the time." Ade and Jenny were appointed as part of the Council's Feel Good Kick Start campaign, which offers local people advice and opportunities to get active. Since February they have been recording their progress on social media using #FeelGoodKickStart.

The Feel Good Champions were given a year's membership to all of the borough's leisure facilities and lots of opportunities to try out new sports and leisure activities, in the hope that they would inspire others to meet their own goals.

Follow Ade and Jenny's fitness journeys on social media using **#FeelGoodKickStart** and the Council Twitter **@wfcouncil**. Jenny tweets from **@mrsnormanknows** and Ade posts from **@Ashaye\_A** 

### More info

For information on ways to keep fit and healthy in Waltham Forest, visit **www.feelgoodwalthamforest.com.** 



### Healthy Gold for St Mary's Primary

Pupils at St Mary's Catholic Primary School (Station Road, E4 7BJ) were awarded a Healthy Schools London Gold Award last month. The award recognised the great work staff and pupils are doing to promote health and wellbeing. Their award winning work included creating a vegetable garden, organising healthy cooking sessions, and experiments into the effects of eating excess sugar. St Mary's Primary is only the second school in the borough to achieve the Healthy Schools London Gold award.

• For more information visit www.healthyschoolslondon.gov.uk

### Walking month activities

Parents looking for easy ways to encourage the kids to keep fit and healthy will be interested to know that Walk to School Week takes place from Monday 15 to Friday 19 May, with National Walking Month activities carrying on throughout May. If you have school-age children, then why not try walking the school run this week, rather than taking your car? You will save money on petrol, help the environment and inspire your children to become healthier, and happier, in the process. You can still take part in May's National Walking Month by committing to walk a mile every day, which should take you around 20 minutes. By walking just one mile you can burn off 100 calories. and by walking two miles a day, four times a week, you could lose a pound in weight within a month. To help track your progress and earn rewards, download the FeelGoodWF rewards app, which is available on both iOS and Android. You could also go on one of our Waltham Forest Wanders walking routes around the borough, which guide you past sporting, cultural and historical landmarks.

 To find out more, and download our Waltham Forest Wanders guide, visit www.enjoywalthamforest.co.uk/ walkingmonth.

### **Planning**

#### London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

171173

APPLICANT Mr Mark Cullern
ADDRESS Flat 1, 2 Forest Glade,
Leytonstone, London, E11 1LU
PROPOSAL Installation of replacement
windows to front and rear elevations.
The application is available to view on the

#### www.walthamforest.gov.uk/planningsearch

or follow these simple steps:-

following website:

APPL. NO

- 1: Go to www.walthamforest.gov.uk
- 2: Click on 'planning applications' (under most popular)
- 3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, are open to the public.

Dated this day 15th May 2017 Rob Bristow, Head of Development Management and Building Control London Borough of Waltham Forest

#### London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

APPL. NO 171289
APPLICANT Mr Kaysar Ahmed
ADDRESS 11 Oakhurst Gardens,
Walthamstow, London, E17 3PX
PROPOSAL Construction of two storey
rear extension and side dormer.
The application is available to view on the

#### www.walthamforest.gov.uk/planningsearch

or follow these simple steps:-

following website:

- 1: Go to www.walthamforest.gov.uk
- 2: Click on 'planning applications' (under most popular)
- 3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating

to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, are open to the public.

Dated this day 15th May 2017 Rob Bristow, Head of Development Management and Building Control London Borough of Waltham Forest

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

170618

APPLICANT Mr M Hart
ADDRESS 1a Maynard Road,
Walthamstow, London, E17 9JE
PROPOSAL Construction of single storey
side extension The application is available
to view on the following website:

#### www.walthamforest.gov.uk/planningsearch

or follow these simple steps:-

APPL. NO

- Go to www.walthamforest.gov.uk
   Click on 'planning applications' (under most popular)
- 3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, are open to the public.

Dated this day 15 May 2017 Rob Bristow, Head of Development Management and Building Control London Borough of Waltham Forest

#### London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a listed building has been made to the Council.

APPL. NO 171241
APPLICANT Ms Rhea Fegan
ADDRESS Leytonstone House, 3
Hanbury Drive, Leytonstone, London,
E11 1GA

PROPOSAL Listed building consent for the installation of an air conditioning system and internal ground floor alterations. The application is available to view on the following website:

#### www.walthamforest.gov.uk/planningsearch

or follow these simple steps:

Go to www.walthamforest.gov.uk
 Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, are open to the public.

Dated this day 15 May 2017 Rob Bristow, Head of Development Management and Building Control London Borough of Waltham Forest

### **Highways**

### LONDON BOROUGH OF WALTHAM FOREST

PERMANENT MAKING OF EXPERIMENTAL CONTROLLED PARKING ZONES (CPZs)

MARKET WEST EXTN (wMWx1 – T19a(17)) CANN HALL EXTN AREA (CHx1 – T19b(17)) AND WOOD STREET EAST (WSE intro – T19c(17)) AREAS – (exp. schemes T25bd(16)/T38a(15)) The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 73) Order 2017; The Waltham Forest (Charged-For Parking Places) (Amendment No. 47) Order 2017 (wMWx1)

Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 74) Order 2017; The Waltham Forest (Charged-For Parking Places) (Amendment No. 48) Order 2017 (CHx1)

The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 75) Order 2017; The Waltham Forest (Charged-For Parking Places) (Amendment No. 49) Order 2017 (WSE)

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 15th May 2017 made the above mentioned Traffic Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, the general effect of which will be to continue indefinitely certain provisions mentioned below of the experimental traffic orders listed in the Schedule to this Notice, which by way of an experiment: —

(a) extended the existing boundary of the Market West (MW) CPZ into: Ashford Close E17, Brighton Avenue E17, Callis Road E17, Campus Road E17, Campus Road E17, Gosport Road E17 (between Ringwood Road and the common boundary of Nos. 76 and 78 Gosport Road), Hove Avenue E17, Queens Road E17

boundary of Edinburgh Primary School), **Ringwood Road** E17 and **Tennyson Road** E17; where permit holder parking places, waiting restrictions and free short stay (FSS) parking places were provided to

operate between 8 a.m. and 6.30 p.m. on

(between Markhouse Road and the eastern

Mondays to Saturdays inclusive except the FSS parking places (in Tennyson Road E17 – north-east side – adjacent to No. 166 Queen's Road and south-west side – adjacent to No. 168 Queen's Road) which operate between 7 a.m. and 7 p.m. Mondays to Saturdays inclusive with a maximum stay of 30 minutes and no return within 2 hours; also in some of the

a maximum stay of 30 minutes and no return within 2 hours; also in some of the aforementioned roads waiting restrictions were either provided or amended to operate at various times including "at any time"

(b) extended the existing boundary of the Cann Hall (CH) (CPZ) into: Blenheim Road E15, Cann Hall Road E11 (between Steele Road and the common boundary of Nos. 134 and 136 Cann Hall Road), Devonshire Close E15, High Road, Leytonstone (between the south-western boundary of Jubilee Gardens and the

party wall of Nos. 220/332 High Road Leytonstone), **Napier Road** E11 (between Ranelagh Road and Selby Road), **Ramsay Road** E7 (between Tavistock Road and Blenheim Road), **Ranelagh Road** E11,

Tavistock Road E11 and Worsley Road E11 where permit holder parking places, waiting restrictions and free short stay (FSS) parking places were provided to operate between 8 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive.

The FSS parking places (in Cann Hall Road E11 (south-east side, on the footway outside Nos. 139/141 Cann Hall Road; and Tavistock Road E11, (south-west side, adjacent to No. 143 Cann Hall Road)), have a maximum stay of 30 mins and no return within 2 hours); also in some of the aforementioned roads waiting restrictions were either provided or amended to operate at various times including "at any

(c) the Wood Street East (E17 streets) (WSE) CPZ into: Avon Road (between Fyfield Road and the common boundary of Nos. 41 and 43), Bisterne Avenue (between Upper Walthamstow Road and Avon Road), Dean Gardens, Fyfield Road (between Upper Walthamstow Road and Avon Road), Greenway Avenue and Upper Walthamstow Road where permit holder parking places and waiting restrictions were provided to operate between 10 a.m. and 4 p.m. on Mondays to Fridays inclusive; and in some of the aforementioned roads waiting restrictions were either provided or amended to operate at various times

including "at any time"

Note: new types of permit, permit eligibility and criteria, along with variations in pricing for certain permits will apply on the anniversary/renewal of any existing permit. These conditions became effective from 8th August 2016. Further details are explained in the 20th June 2016 edition of WFN issue 163 (see traffic order reference T7(16)); alternatively further details will be explained when renewing permits.

There have been no change to the

explained when renewing permits.
There have been no change to the properties whose occupiers are eligible to purchase parking permits since the

inception of the CPZs mentioned in this notice.

- 2. Copies of the Orders, which will come into operation on **15th May 2017** and all other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
- Argall Avenue, London, E10 7AS.

  3. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated 15th May 2017
Mr. K. Valavan, Director of
Highways and Traffic Management,
Neighborhoods Directorate, Low Hall,
Argall Avenue, London, E10 7AS

#### Schedule

The Waltham Forest (Market West CPZ Extension) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 13) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 14) Experimental Order 2016 (wMWx1): The Waltham Forest (Cann Hall CPZ Extension) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 15) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 16) Experimental Order 2016 (CHx1); The Waltham Forest (Wood Street East CPZ) (Parking Places) Experimental Order 2015 and The Waltham Forest (Waiting & Loading Restriction) (Amendment No. 94) Experimental Order 2015 (WSE);

### LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984

- SECTION 14(1)

THE WALTHAM FOREST (HOWARD

ROAD E17) (TEMPORARY MEASURES)
(NO. 1) ORDER 2017 (TT7(17))

- The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 15th May 2017 it made an Order to ensure access is maintained for construction traffic accessing redevelopment works at No. 1 Hoe Street E17.
- 2. The general effect of the Order will be to, only at such times and to such extent as regulatory signs are displayed, prohibit vehicles (except works vehicles) from:
  (a) entering, proceeding, waiting or loading, for any purpose in **Howard Road E17** between its junction with Forest Road E17 and the common boundary of Nos. 191 and 193 **Howard Road E17**;

### Public notices

- (b) waiting and loading for any purpose on both sides of Howard Road E17 between the northern wall of no. 193 Howard Road E17 and the northern wall of No. 176 Howard Road.
- 3. Whilst this Order remains in force and only at such times and to such extent as regulatory signs are displayed, no person shall cause any vehicle proceeding eastbound in Forest Road E17 to turn right into Howard Road E17 between 07:00 hours and 09:30 hours and between 15:30 hours and 19:00 hours throughout the week.
- 4. Whilst the prohibitions and restrictions referred to in paragraphs 2 and 3 above remain in force, alternative routes for traffic would be indicated by traffic signs.
- 5. Vehicles waiting or loading in disregard of this Order would be removed.
- The prohibitions mentioned above would not apply in relation to any vehicle being used for ambulance, fire brigade or police purposes in an emergency, if the works allowed.
- The Order will come into operation on 22nd May 2017 and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner

Dated 15th May 2017 Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS

### LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984

– SECTION 14(1)

THE WALTHAM FOREST (VARIOUS ROADS) (CONTROLLED PARKING ZONE AND VARIOUS ROAD MARKING) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2017 – TT16(17)

- The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE**that it intends to make an Order to enable road marking works to be carried out in a safe and efficient manner in certain roads.
- The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles), at any time, in the roads listed in the Schedule to this Notice.
- 3. Vehicles waiting or loading in disregard of this Order will be removed.
- 4. The restrictions mentioned above will not apply in relation to any vehicle being used:
- (a) in connection with the said works; or(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
- 5. The Order would come into operation on **12th June 2017** and will be valid for a maximum period of 7 months, or until the works are completed whichever is the

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the restrictions and effects of any temporary traffic management.

Dated 15th May 2017 Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

#### Schedule

Vicarage Road/Farmer Road (VFR) CPZ roads restricted to vehicles: Ambleside Close E10, Beaumont Road E10, Burchell Road E10, Byron Road E10, Campion Road E10, Capworth Street E10. Church Road E10. Clyde Place E10, Farmer Road E10, Grange Park Road E10, High Road Leyton E10, Hopkins Road E10, Keats Road E10, Kings Close E10, Lake Road E10, Meadowcroft Close E10, Pardoe Road E10, Park Road E10, Primrose Road E10, Ryder Avenue E10, Skeltons Lane E10, Sophia Road E10, Tennyson Road E10. The unnamed access road leading to the rear of No. 29 Emmanuel Court - Capworth Street, Tilbury Road E10; Vicarage Road E10.

Walthamstow Stadium (WS) CPZ roads restricted to vehicles:

Ascham Drive E4, Chingford Road E4, Empress Avenue E4, Evanston Road E4, Grove Park Avenue E4, Loxham Road E4, Minerva Road E4, Parade Gardens E4, Rushcroft Road E4, Winchester Road E4, Wadham Avenue E17. Wadham Road E4/E17.

Cann Hall East (CHE) CPZ roads restricted to vehicles: Bourne Road E7, Broxbourne Road E7, Cann Hall Road E11, Cary Road E11, Cheneys Road E11, Chichester Road E11, Cobbold Road E11, Courtenay Road E11, Dames Road E7, Elsham Road E11, Field Road E7, Fowler Road E7, Harrow Green E11, Harrow Road E11, Hesketh Road E7, High **Road Leytonstone (between Cathall** Road and Selby Road), Huddlestone Road E7, Jenny Hammond Close E11, Kingsdown Road E11, Matcham Road E11. Napier Road E11. Neville Close E11. Newcomen Road E11. Odessa Road E7, Pevensey Road E7, Ramsay Road E7, Robinson Close E11, Sauls Green E11, Selby Road E11, Sheridan Road E7, St Margaret's Road E11, Terling Close E11. Thorpe Road E7. Tilston Close E11, Trumpington Road E7, Vansittart Road E7, Winchelsea Road E7. Woodhouse Road E11. Wragby Road E11.

Miscellaneous roads restricted to vehicles:
Rigg Approach E10.

### LONDON BOROUGH OF WALTHAM FOREST

WAITING RESTRICTIONS TO ACCOMMODATE DROP KERBS CYCLE HANGAR ON THE HIGHWAY – VARIOUS ROADS, SHOPPER PAY BY PHONE PARKING;

MINOR CORRECTION TO EXISTING ORDERS TO ACCURATELY REFLECT PROVISIONS/RESTRICTIONS/ PRESCIBED ROUTES ALREADY ON STREET

The Waltham Forest (Charged-For Parking Places) (Amendment No. \*) Order 2017

### The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. \*) Order 2017 – T20a-o(17)

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest (the Council) proposes to make the above-mentioned Orders under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- 2. The general effect of the Orders will be in:
- (a) **Bushwood E11 (BW) north side** to remove 5 metres of permit parking space outside No. 62 BW and replace with a single yellow line waiting restriction operating between 10am and 2pm Mondays to Fridays (T20a);
- (b) Farmer Road E10 (FR) southeast side to reduce the length of BWR permit parking space by 4 metres outside No. 110 FR and provide a single yellow line waiting restriction operating at the times of operation of the zone ((to allow for the provision of a secure bicycle parking structure on the highway (as authorized under section 63 of the Road Traffic Regulation Act 1984 and exempted by the London Borough of Waltham Forest waiting and loading consolidation order 2016) and build outs) (T20b):
- (c) Albert Road E17 (AR) south-east side between its junction with Hoe Street and No.1 AR convert (1) a ME permit parking place (the parking bay immediately east of No. 1 AR) and (2) a Free Short Stay Parking Place (the bay immediately west of Hoe Street), both to pay by phone parking places operating Mondays to Saturdays 10 am to 1pm and 2pm to 4 pm with initial parking free for 15 minutes or pay by phone 2 hours maximum stay and no return in 2 hours Charges are shown in the Schedule below (T20c);
- (d) **St Mary Road E17 (SMR) north-side** convert all single yellow line waiting restriction between Nos. 58-60 and 72 and 76 SMR to double yellow lines "at any time" waiting restrictions (T20d).
- (e) Stainforth Road E17 (SFR) both sides convert all single yellow line waiting restrictions at its junction with St Mary Road to double yellow line "at any time" waiting restrictions(T20d);
- (f) Mornington Road E4 introduce a 5 metres section of double yellow line "at any time" waiting restrictions across the entrance to Rale Lane (T20e)
- 3. FURTHER NOTICE IS HERBY GIVEN that the Council under the same RTRA sections mentioned in paragraph 1 propose to make minor amendments to existing Orders in relation to certain parking provisions and no waiting restrictions already existing on the highway, namely in:

  (a) Carisbrooke Road E17 (CBR) east side conversion of a 4.5 metre section of MW permit parking space to single yellow line waiting restriction operating
- 8 a.m. and 6.30 p.m. on Mondays to Saturdays outside No. 42 CBR (T20f).
- (b) Twickenham Road E11 (TW) provision of double yellow line "at any time" waiting restrictions across the build-outs (1) north-west side opposite Nos. 28 to 34 TW and (2) south-east side outside No. 34 TW (T20g);
- (c) Nottingham Road E10 (NT) -

north-west side — conversion of a double yellow line "at any time" waiting restriction to a single yellow line waiting restriction operating 9 a.m. and 6 p.m. on Mondays to Fridays outside No. 77 NT (T20h);

- (d) Matlock Road E10 (MT) south-east side conversion of a 4.5 metre section of WXS permit parking space to single yellow line waiting restrictions operating 9 a.m. and 6 p.m. Mondays to Fridays immediately south-west of Nos. 62 (T20i); (e) Colchester Road E10 (CR) northwest side a double yellow line "at any
- (e) Colchester Road E10 (CR) northwest side – a double yellow line "at any time" waiting restriction for a distance of 0.5 metres between the AM and WXS CPZ boundary (outside Nos. 135 and 137 CR (T20i):
- (f) James Lane E10/E11 (JL) southeast side (1) removal of single car WXS permit parking place opposite No. 1 Essex Road (post office) replaced with double yellow line "at any time" waiting restrictions and (2) removal of 12 metres of WXS permit parking space opposite Cromer Road and No. 38 JL replaced with a single yellow line waiting restriction operating between 9 a.m. and 6 p.m. Mondays to Fridays (T20k):
- (g) Wilmot Road E10 (WLM) southside — conversion of a double yellow line "at any time" waiting restriction to a single yellow line waiting restriction operating between 8 a.m. and 6.30 p.m. Mondays to Saturdays between Nos. 18 and 22 WLM (T20I);
- (h) Thornhill Gardens E10 (THG) west side provision of WR permit parking places and double yellow line "at any time" waiting restrictions in the enclosed area between Nos. 13 to 25 and 50 to 61 THG. The operation times of all parking spaces will be between 8 a.m. and 6.30 p.m. Mondays to Saturdays (T20m);
- (i) Upper Walthamstow Road E17 (UW) south-east side conversion of permit parking space outside No. 36 UW to double yellow line "at any time" waiting restrictions (T20n);
- (i) the Walthamstow Village E17 region walking and cycling (phases 3 and 4) scheme: in respect of Addison Road E17 - south side - (1) length of SB parking place outside the rear of No. 9 Beulah Road is 13 metres (2) double yellow line "at any time" waiting restrictions commencement point is immediately east of permit the parking place mentioned: Beulah Road E17 (BR) - south-west side - (1) SB permit parking place commencement point is 6.7 metres south-east of the common boundary of Nos. 12 and 14 BR (2) conversion of Free Short Stay Parking Place to double yellow line "at any time" waiting restrictions outside Nos. 16 and 18 BR; Copeland Road E17 (CR) - west side a BA permit parking space for 6 metres commences 2.4 metres south of No. 38 CR; Eden Road E17 (ER) - east side - (1) disabled parking place commences 2.6 metres south of the common boundary of No. 1 FR for 6 metres in length (2) ME permit parking place commences 8.4 metres south of the common boundary of No. 1 FR and (3) removal of single yellow line waiting restriction outside Nos. 79 and 81 ER replaced with SB permit parking space operating during the existing times of the SB(n) CPZ; Grosvenor Rise East E17 (GRE) - (1) both sides commencement of SBN permit parking

places and double yellow line "at any time" waiting restrictions 6.5 metres north-east of the common boundary of Nos. 14 and 16 GRE; **Wingfield Road** E17 (WR) – (1) north-east side – disabled parking place commences 5.5 metres in length and (2) south-west side – ME permit parking place commences 2.8 metres south of the common boundary of No. 1 and 3 WR to a point half a metre north-west of the common boundary of Nos. 9 and 11 WR (T200);

All provisions and restrictions mentioned in

paragraph 3 above are to be incorporated

where necessary into the script of the relevant Orders to accurately reflect those provisions as they exist on the ground (no changes will be made on street for the measures mentioned in paragraph 3); 4. A copy of each of the Orders, the Council's statement of reasons for proposing to make the Orders and plans showing the locations and effect of the Orders and measures can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Orders are made or, as the case may be the Council decides not to make the Orders, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) The Reception Desk, London Borough of Waltham Forest, Low Hall, Argall Avenue,

5. Any person desiring to object to the proposals or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS quoting the scheme name as mentioned in paragraph 2 or 3 to this notice and its associated reference number, either T20a,b,c,d,e,f,g,h,l,j,k,l,m,n or o

London, E10 7AS.

- (17) by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.
- 6. For more information please telephone 020 8496 3000, quoting reference Traffic Orders and either **T20a,b,c,d,e, f, g, h, l,**

j, k, l, m, n or o (17)
Dated 15th May 2017
Mr. K. Valavan, Director of
Highways and Traffic Management,
Neighbourhoods, Low Hall, Argall
Avenue, London, E10 7AS.

#### Schedule

Parking Period	Pay by phone	Voucher Scheme
30 minutes	£1	£1.25
1 hour	£1.70	£2.40
1 hour and 30 minutes	£2.70	1 x 1 hr and 1 x 30 min voucher charge
2 hours	£3.40	2 x 1 hr voucher charge



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